

April NSLP Webinar

Child Nutrition Programs

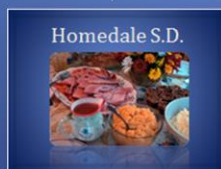
Idaho State Department of Education

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Coordinator Nutrition Assessment and Promotion/NSLP

Hello everyone and welcome to the monthly NSLP webinar. My name is Heather Blume and for those of you who don't know me, I am a coordinator with the Child Nutrition Programs. In addition to working with the National School Lunch Program, I work to promote and assess nutrition and wellness in school districts through a grant with the Department of Health and Welfare.

Objectives



Today we will be covering the policy memos that were released in the last month and then highlighting some of the successes that districts across the state have had. We will end today's webinar with several reminders and the opportunity to ask questions.

Policy Memos

SP 32-2015

Statements Supporting Accommodations for Children with Disabilities in the Child Nutrition Programs

SP 23-2014(v.3)

Questions and Answers Related to the “Smart Snacks” Interim Final Rule

SP 33-2015

Revised Prototype Free and Reduced Price Application Materials: Policy Changes and Design Overview

The policy memos we will cover today can be seen here. We begin by talking about SP32-2015, which addresses special dietary needs forms and then discuss the Smart Snacks question and answer memo. The last policy memo we will cover is SP33-2015, which announces that USDA has updated the Free and Reduced Price Application and released a prototype.

Policies

Starting with the policy memos...

SP 32-2015

MEDICAL STATEMENT: Request for Special Meals and/or Accommodations			
(1) Name of Participant	(2) Age or DOB	(3) Sponsor	(4) Site
(5) Name of Parent/Guardian, or Auth. Rep.	(6) Telephone (Parent/Guardian, or Auth. Rep.)	(7) Site Telephone Number	
<p>(8) Must check one:</p> <p><input type="checkbox"/> Participant is disabled or has a medical condition and requires a special meal or accommodation. (Refer to definition on reverse side of this form.) Sponsors must comply with requests for special meals and any adaptive equipment. A licensed physician, physician assistant, nurse practitioner, or dentist must sign this form.</p> <p><input type="checkbox"/> Participant is not disabled, but is requesting a special meal or accommodation. An example may include food intolerances, and is not intended to include food preferences. Sponsors are encouraged to accommodate reasonable requests. A licensed physician, physician assistant, nurse practitioner, registered dietitian, or registered nurse must sign this form.</p>			
(9) Disability or medical condition requiring a special meal or accommodation: _____			
(10) If participant is disabled, provide a brief description of participant's major life activity affected by disability: _____			
(11) Diet prescription and/or accommodation. (Please describe in detail to ensure proper implementation) _____			
(12) Indicate texture: <input type="checkbox"/> Regular <input type="checkbox"/> Chopped <input type="checkbox"/> Ground <input type="checkbox"/> Pureed			
Foods to be omitted and substitutions: Please list specific foods to be omitted and suggest substitutions. You may use the back of this form or attach a sheet with additional information.			
(13) Foods to be omitted		(14) Suggested substitutions	
(15) Adaptive Equipment: _____			
(16) Signature of Preparer*	(17) Printed Name	(18) Telephone	(19) Date
(20) Signature of Medical Authority*	(21) Printed Name	(22) Telephone	(23) Date
(24) Signature of Parent/Guardian	(25) Printed Name	(26) Telephone	(27) Date

* Participants with a disability require a signature from a physician, physician assistant, nurse practitioner, or dentist. For non-disabled participants, a licensed physician, physician assistant, nurse practitioner, registered dietitian, or registered nurse must sign the form. The information on this form should be updated to reflect the current medical and/or nutritional needs of the participant. USDA is an equal opportunity provider and employer.

The purpose of SP 32-2015 is to expand the list of acceptable medical professionals who may sign a medical statement for meal accommodations in the Child Nutrition Programs and recommend alternate foods for children whose disability restricts their diets. A broader list of medical providers will improve access to meal accommodations for children with special dietary needs while balancing the administrative burden placed on program operators and participants requesting meal accommodations. With this in mind, USDA has determined that along with licensed physicians it is reasonable to also permit other recognized medical authorities to complete and sign a medical statement for meal accommodations in the Child Nutrition Programs and recommend alternate foods for children whose disability restricts their diet. A State recognized medical authority for this purpose is a State licensed health care professional who is authorized to write medical prescriptions under State law. In the State of Idaho this refers to Medical Doctors, Doctors of Osteopathy, Physician Assistants, Nurse Practitioners, and Dentists. The Medical Statement for Special Dietary Needs has been updated to reflect this and is available under the download forms section of MyIdahoCNP, as well as on the Child Nutrition Program website.

SP 23-2015



SP23-2015 is the third in a series of Questions and Answers related to the interim final rule titled, “National School Lunch and School Breakfast Program: Nutrition Standards for All Foods Sold in School as Required by the Healthy, Hunger-Free Kids Act of 2010”, also known as... Smart Snacks.

New and updated questions in this Q&A are denoted with 3 asterisks. Some of the added topics include the sale of 100% juice beverages, cultured milk products, and the sale of smoothies. This revision of the Q&A also defines an entrée under the Smart Snacks regulations. Per Smart Snack guidance, an entrée is considered to be: ☐ A combination food of meat or meat alternate and whole grain rich item; ☐ A combination food of vegetable or fruit and meat or meat alternate; or ☐ A meat or meat alternate alone, with the exception of yogurt, low-fat or reduced fat cheese, nuts, seeds and nut or seed butters and meat snacks (such as dried beef jerky).

This Q&A also provides guidance regarding the sale of food by outside vendors and food trucks as well as the sale of commercial brand pizza by both Food Service programs and other venues in the school. This Q&A is a great tool for those of you with questions pertaining to Smart Snack regulations.

Success Stories

As we have covered all the recent policy memos, let's move on to our success stories for the month.

Weiser S.D.

April 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Breakfast Mini Corn Dogs Lunch Chicken Wendischies	2 Breakfast Muffins Lunch Burritos <small>NOON FOR BIRTH. 1 & 2</small>	3 Breakfast Smoothies Lunch Pulled Pork Sandwiches <small>NOON FOR BIRTH. 3 & 4</small>	4
5 <small>EARLY RELEASE</small>	6 Breakfast Sausage Fries Lunch Chicken Nuggets	7 Breakfast Breakfast Round Lunch Nachos	8 Breakfast Breakfast Pizzas Lunch Meatloaf w/ potatoes	9 Breakfast Cereal Lunch Tacos	10 Breakfast Waffles Lunch Burg & Sandwich	11
12	13 Breakfast Mini Corn Dogs Lunch Weiser Wrap	14 Breakfast Cereal Bar Lunch Italian Dumbos	15 Breakfast Maple Bites Lunch Burritos	16 Breakfast Smoothies Lunch Pizzas	17 Breakfast Smoothies Lunch Hamburgers <small>EARLY RELEASE 11:45</small>	18
19	20 Breakfast Smoothies Lunch Tacos	21 Breakfast Breakfast Round Lunch Chicken Fries	22 Breakfast Cereal Lunch Waffles/Smoothies	23 Breakfast Breakfast Pizzas Lunch Nachos <small>CHILDREN REGISTRATION</small>	24 Breakfast Eggs & Biscuits Lunch Crisp Dogs <small>CHILDREN REGISTRATION</small>	25
26	27 Breakfast French Toast Stick Lunch Hamburger	28 Breakfast Cereal Lunch Pizzas	29 Breakfast Mini Corn Dogs Lunch Chicken Wendischies	30 Breakfast Muffins Lunch Burritos		

DATES TO REMEMBER
 April 2 - Pictures for Bluebird KG, 1st & 3rd grades
 April 3 - Pictures for Redbird KG & 2nd grade
 April 17 - EARLY RELEASE 11:45
 April 23 - Last day of Reading Camp
 April 23 & 24 Kindergarten Registration for 2015-2016

In a recent Administrative Review, Weiser School District demonstrated their organization through their menu planning. After her technical assistance and review of the site, one of the State agency cadre provided feedback to the State agency that Weiser had the, "...the BEST menu review that I have done! It went so well. They are doing a great job."

Homedale S.D.



Our second success story is the Homedale Food service team who demonstrated great teamwork among the staff. The State agency observed them put together a homemade Thanksgiving meal, which was a tremendous amount of work. The Food Service staff had good communication, great sharing of duties and positive attitudes and made the meal run smoothly. It was a huge success with the students!

-Vicki Eby has done a great job spearheading the program- she has trained the kitchen staff well, allowing them to function with autonomy. Because the kitchen staff and supervisors are so reliable, Vicki has been able to focus on educating school administration on program regulations, focus on developing creative and compliant menus and ensure the administrative work associated with running the program is covered.

-The kitchen was also clean and the cafeteria was a warm, inviting environment for students.

Because the Homedale team worked so well together and was so on top of the program requirements, their review went very well and we're certain the Homedale students are receiving healthy, delicious meals.

Reminders

Before we conclude I want to make sure we cover some reminders...

Provision Program Update



We have discussed the issue of Provision Base year documentation with the Child Nutrition Division of our National Office. Schools missing Provision 2 base year documentation must either establish a new base year, elect CEP (if eligible and feasible), or return to standard counting and claiming. FNS cannot support further extensions unless the district or State agency can produce complete and adequate base year records. Records of an extension are not sufficient. Per 7 CFR 245.9 "... base year records must be retained during the period the provision is in effect, including all extensions, plus 3 fiscal years after the submission of the last Claim for Reimbursement which employed the base year data." In order to maintain the integrity of the program, it is important to ensure that records are maintained and that the data used is the most reflective of the current student population.

Student Identifiable Data



As an additional reminder, please do not send personally identifiable data via email. This is not a secure means of transmitting data.

USDA Foods Update



The U.S. Food Waste Challenge calls on organizations and businesses across the food supply chain to join the fight against food waste. In honor of World Health Day on April 7th, the U.S. Department of Agriculture (USDA) reaffirmed its commitment to reduce food waste with the launch of a new food application.

Developed by the USDA's Food Safety and Inspection Service, with Cornell University and the Food Marketing Institute, this new application informs users on how to store food and beverages to maximize their freshness and quality. By helping users understand food storage, the application empowers consumers to choose storage methods that extend the shelf life of their items. Users will be able to keep items fresh longer than if they were not stored properly.

The FoodKeeper application offers users valuable storage advice about more than 400 food and beverage items, including various types of baby food, dairy products and eggs, meat, poultry, produce, seafood, and more. Every year, billions of pounds of food go to waste in the U.S. because consumers are not sure of its quality or safety. "This application will help reduce food waste by showing users how to store foods properly, and reminding them to use items before they are likely to spoil," said Agriculture Secretary Tom Vilsack. "This can help consumers save money and reduce the amount of safe food going to landfills."

A blue rectangular graphic with a white border. At the top, the text "Grant Opportunities" is written in a large, white, serif font. Below this, there are two columns of contact information, each preceded by a small white star icon. The left column is for Tamara Donovan, and the right column is for Clare Zamzow. Below the contact information, there is a white rounded rectangle containing two application links. The first link is for the "FFVP Grant Application" with a blue "CLICK HERE" button. The second link is for the "NSLP Equipment Grant Application" with an orange "CLICK HERE" button. At the bottom of the white rounded rectangle, there are three small icons and text links: a red icon for "2015 NSLP Equipment Grant Webinar", a blue icon for "2015 NSLP Equipment Grant Webinar", and a red icon for "Q&A for 2015 NSLP Equipment Grant".

Grant Opportunities

Tamara Donovan
tdonovan@sde.idaho.gov
(208) 332-6829

Clare Zamzow
czamzow@sde.idaho.gov
(208) 426-3035

FFVP Grant Application [CLICK HERE](#)

NSLP Equipment Grant Application [CLICK HERE](#)

 2015 NSLP Equipment Grant Webinar

 2015 NSLP Equipment Grant Webinar

 Q&A for 2015 NSLP Equipment Grant

In addition to the Fresh Fruit and Vegetable Grant, which was announced last month, the 2015 Equipment Grant is now available on the main Child Nutrition Program website. There is a link to an instructional webinar that walks interested parties through the process of applying for the equipment grant as well as a Q&A sheet that addresses some common concerns. Please contact Tamara Donovan or Clare Zamzow if you have any questions regarding this process.

If you are interested in either the Fresh Fruit and Vegetable Grant or the Equipment Grant keep in mind that applications are due soon. The application for the fresh fruit and vegetable grant is due April 30th, 2015 and the deadline for the Equipment Grant applications is May 1st, 2015.

Wellness Tools

Idaho Wellness Policy Progress Report (Updated 4/16/15)

This template provides information on wellness policy requirements and practices within your school. Use this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name District Number Date of Evaluation

School Name Most recent review by Wellness Committee

Select all grades: PK ☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ 11 ☐ 12 ☐

I. Public Involvement

☐ Yes ☐ No We encourage the following to participate in the development, implementation, and evaluation of our wellness policy:

☐ Administrators ☐ School Food Service Staff ☐ P.E. Teachers ☐ Parents

☐ School Board Members ☐ School Health Professionals ☐ Students ☐ Public

☐ We have a designee in charge of compliance.

Name/Title

☐ We make our policy available to the public.

Please describe

☐ We measure the implementation of our policy goals and communicate results to the public.

Please describe

☐ Our district reviews the wellness policy at least annually.

II. Nutrition Education

☐ Yes ☐ No Our district's written wellness policy includes measurable goals for nutrition education.

☐ Our district's written wellness policy includes measurable goals for nutrition education.

☐ We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, etc.).

☐ We offer nutrition education to students in: ☐ Elementary School ☐ Middle School ☐ High School

III. Nutrition Promotion

☐ Yes ☐ No Our district's written wellness policy includes measurable goals for nutrition promotion.

☐ We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletins boards, etc.

☐ We have awarded Smarter Lunchroom techniques and evaluated our ability to implement some of them.

☐ We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).

☐ We ensure students have access to hand washing facilities prior to meals.

☐ We annually evaluate how to market and promote our school meal programs.

☐ We regularly share school meal nutrition, calorie, and sodium content information with students and families.

☐ We offer taste testing or menu planning opportunities to our students.

☐ We participate in Farm to School activities and/or have a school garden.

☐ We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc.).

☐ We price nutritious foods and beverages lower than less nutritious foods and beverages.

☐ We offer fruits or non-fat vegetables in: ☐ Vending Machines ☐ School Stores ☐ Snack Bars ☐ A La Carte

☐ We have nutritional standards for foods / beverages served at school parties, celebrations, events, etc.

☐ We provide teachers with samples of alternative reward options other than food or beverages.

☐ We prohibit the use of food and beverages as a reward.

Start on page 2

IV. Nutrition Guidelines (Cont. from page 1)

☐ Yes ☐ No Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.

☐ We operate the School Breakfast program: ☐ Before School ☐ In the classroom ☐ Grab & Go ☐ Second Chance

☐ We follow all nutrition regulations for the National School Lunch Program (NSLP).

☐ We operate an After-school Snack Program through NSLP.

☐ We operate the Fresh Fruit and Vegetable Program.

☐ We have a Certified Food Handler as our Food Service Manager.

☐ We have adopted and implemented Smart Snacks nutrition standards for All Items sold during school hours, including:

☐ all à la carte offerings ☐ in school stores ☐ in vending machines ☐ as fundraisers (excluding exemptions)

V. Physical Activity

☐ Yes ☐ No Our district's written wellness policy includes measurable goals for physical activity.

☐ We provide physical education for elementary students on a weekly basis. # of times/week

☐ We provide physical education for middle school during a term or semester. # of times/week

☐ We require physical education classes for graduation (high schools only). # credits to graduate

☐ We provide recess for elementary students on a daily basis. Before Lunch ☐ After Lunch ☐ # of times/day

☐ We provide opportunities for physical activity integrated throughout the day.

☐ We prohibit staff and teachers from keeping kids in room recess for punitive reasons.

☐ Teachers are allowed to offer physical activity as a reward for students.

☐ We offer before or after school non-competitive activities.

VI. Other School Based Wellness Activities

☐ Yes ☐ No Our district's written wellness policy includes measurable goals for other school based activities that promote wellness.

☐ We provide training to staff on the importance of modeling healthy behaviors.

☐ We provide annual training to all staff on nutrition and physical activity.

☐ We have a staff wellness program.

☐ We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

☐ We actively promote walk or bike to school for students with Safe Routes to School or other related programs.

☐ We have a recycling / environmental stewardship program.

☐ We have a recognition / reward program for students who exhibit healthy behaviors.

☐ We have community partnerships which support programs, projects, events, or activities.

VII. Progress Report

Indicate any additional wellness practices and describe progress made in attaining the goals of your wellness policy, future goals, and/or additional wellness practices.

VIII. Contact Information:

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader

Name Position/Title

Email Phone

After working hard to develop a tool to help school districts measure the implementation of wellness policies in the each school, the State agency is ready to release the Idaho Wellness Policy Progress Report. The Wellness Policy Progress Report is a 2 page tool that identifies health and wellness practices that are taking place in each school in a district. This tool may be used to measure the implementation of wellness policies in each school in order to communicate progress to the school board and public. Please keep an eye out for this resource when it is sent out via email later this month. The progress report will also be available on the Child Nutrition Program website.

Questions?

Well, that was it for reminders, does anyone have any questions at this time?

Thank you for attending



Please contact Child Nutrition Programs at 208-332-6820 if you have any questions regarding the information in this webinar.

Disclaimer: Accuracy of the information shared today is guaranteed only as of the recording date. USDA may issue more guidance or further clarification regarding items discussed in today's webinar.

This concludes our webinar for today. Please contact Child Nutrition Programs at 208-332-6820 if any additional questions emerge regarding the information in this webinar.

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Thank you and have a good day